

CASEL Resources

Merevale Creek Farm · Book 1 · Zoe and the Great Summer Jubilee

The CASEL framework mapping, chapter-by-chapter competency notes, and the CASEL / curriculum / PSHE three-way connection.

CASEL Framework, Book 1

The five CASEL competencies map across all twelve chapters of Zoe and the Great Summer Jubilee. The table below shows which competency is most prominently addressed in each chapter, with the primary chapters for each competency.

CASEL Competency	Description	Primary chapters	Key moment
Self-Awareness	Recognising one’s own emotions, values and strengths	Chs 3, 7	Ch 3: Oscar walks the course, assesses his own strengths honestly, and competes within his actual capabilities rather than on Mayo’s terms. Ch 7: Mayo realises he cannot reach the berries and must acknowledge it, rather than pretend.
Self-Management	Regulating emotions, setting goals, showing resilience	Chs 4, 11	Ch 4: Zoe waits patiently with the stubborn gate while others force and fail. Ch 11: During the storm she moves low and quietly while others stand rigid and are overwhelmed.
Social Awareness	Empathy, understanding diverse perspectives	Chs 1, 10	Ch 1: The farm animals judge Zoe before she has said or done anything, a vivid illustration of how prejudice operates without evidence. Ch 10: Zoe stays silent when falsely accused, understanding that arguing back will change nothing in that moment.
Relationship Skills	Communication, teamwork, resolving conflict	Chs 2, 6, 8	Ch 2: Max must tell the truth about the lantern, rebuilding trust after a failure. Ch 6: Rufus chooses appearance over substance and lives with the consequences. Ch 8: The tug of war is only won when the animals coordinate rather than simply try harder.
Responsible Decision-Making	Ethical choices, considering consequences	Chs 5, 9, 12	Ch 5: Calypso’s unexpected solution works because someone chose to look differently at the problem. Ch 9: June’s warning goes unheeded, the cost of choosing not to listen. Ch 12: Mayo steps backward at the parade, choosing to give credit rather than take it.

Chapter-by-chapter CASEL mapping

Chapter	Competency	Note
Ch 1 · The New Arrival	Social Awareness	Understanding how prejudice forms before any evidence exists
Ch 2 · The Lost Lantern	Relationship Skills	Honesty under pressure; how trust is rebuilt after failure
Ch 3 · The Great Race	Self-Awareness	Oscar knows his own strengths and competes within his actual capabilities rather than on Mayo’s terms
Ch 4 · The Stubborn Gate	Self-Management	Patience as a choice; regulating frustration in a difficult situation
Ch 5 · The Clever Solution	Responsible Decision-Making	Choosing the right approach over the obvious one; valuing unexpected contributions

Ch 6 · The Prize Stall	Relationship Skills	Appearance versus genuine value; the consequences of envy
Ch 7 · The Sour Berries	Self-Awareness	Recognising self-deception; honesty with oneself as a form of courage
Ch 8 · The Tug of War	Relationship Skills	Collective strength; the difference between working hard and working together
Ch 9 · The Goose's Warning	Responsible Decision-Making	Listening to wisdom; the cost of ignoring a well-founded warning
Ch 10 · The False Accusation	Social Awareness	Integrity without an audience; dignity in the face of injustice
Ch 11 · The Great Storm	Self-Management	Resilience under pressure; true strength as flexibility, not rigidity
Ch 12 · The Jubilee Parade	Responsible Decision-Making	Leadership as a choice to step back; belonging earned rather than assigned

CASEL · Curriculum · PSHE, three-way connection

Each CASEL competency maps to specific UK National Curriculum skills and PSHE strands, making it straightforward to justify using this book within a structured lesson plan.

CASEL Competency	Curriculum skill developed	PSHE strand
Self-Awareness	Prediction & inference, KS1 / KS2 Reading, Comprehension	N/A
	Patience, observation, listening, KS2 & PSHE	Health & Wellbeing
Self-Management	Setting, atmosphere, sensory writing, KS2 Reading, Comprehension	N/A
	Emotional regulation & resilience, KS1 / KS2 & PSHE	Health & Wellbeing
Social Awareness	Character traits & perspective-taking, KS1 / KS2 & PSHE	Relationships
Relationship Skills	Prejudice, fairness, belonging, KS1 / KS2 & PSHE	Relationships
Responsible Decision-Making	Sequencing & narrative structure, KS1 / KS2 Reading, Comprehension	N/A
	Cause & effect, problem-solving, KS1 / KS2 & PSHE	Living in the Wider World
	Honesty, trust & consequences, KS1 / KS2 & PSHE	Relationships